With whom are ADOLESCENTS starting their -SEXUAL

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	Men			Women				
	Older age		Equal or Younger age		Younger Age		Equal or Older Age	
First sexual partner	N	%	N	%	N	%	Ν	%
Boyfriend/Girlfriend	1539	43.1%	3408	60.3%	383	80.9%	6047	80.9%
Male or Female Friend	863	24.1%	1079	19.1%	25	5.3%	534	7.1%
Acquaintance	961	26.9%	992	17.6%	47	10.0%	651	8.7%
Relative	123	3.4%	126	2.2%	17	3.5%	228	3.0%
Other	89	2.5%	45	.8%	1	.3%	17	.2%
Total		$X^2 = 393.22$	gl = 4	p = 0.001		$X^2 = 3.381$	g1 = 4	p = 0.496





Conclusions same age or older than themselves is relevant in order to examine the to work widely among this population. dynamics of the onset of sexual life of men and women as well as the Knowing the implications of this early We can notice on this study that the difference of age with the first possible impact this may have on their mental health. This is reflected initiation of sex in terms of age and environment is sexual partner is related to the age of sexual initiation and that adolescents in the percentages of problematic behaviors which were higher in men important for these findings to be translated into proposals for actions who initiated sexual intercourse at younger ages are the ones who had a who became sexually active with an older couple. that prevent risks in adolescents. sexual partner older than them.

Since men are the ones who initiate sex at an earlier age, have a larger It is essential to know the difference of thoughts between men and women Knowing that some men begin their sexual life with people at least number of sexual partners and more frequent sexual activity, it is relevant about having sexual intercourse for the first time to give a dequate attention in two years older than them, unlike women who start with a couple of the Salud y Nutrición 2006. Cuernavaca, México: Instituto Nacional de Salud Pública, 2006. Bulletin on Narcotics, 33(4), 67-76. REFERENCES

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Introduction

Most of the people initiate their sexual activity during adolescence which intercourse is located between 15 and 19 years and that men initiate mainly and that they started their sexual life with people of 17.6 years average. depends primarily on three factors of their lives; these are the cultural, the with their girlfriend and then with a female friend. Meanwhile, women Meanwhile, women became sexually active at the average age of 17.4 years economic and the educational factors. Actually, young people become sexually said they had begun their sexual life with her boyfriend and then with their with people of 19.8 years average (Table 1). active at earlier ages compared to preceding generations. husbands (National Youth Survey, 2005).

According to several studies, Latin American and Caribbean adolescents have an earlier onset of sexual activity. Additionally, other studies with population between 12 and 20 years old show that twice as many men than Objective women started their sexual life at an average age of 15 years.

Latin American countries indicate that the first sexual intercourse happens grade and college students. between the ages of 16 and 17 years, placing males with an earlier onset, compared to women. These differences indicate that males are 9 to 24 months ahead from women in their initiation of sexual activity (CEPAL, 2004).

Data for this study comes from two surveys: one conducted with a The National Health and Nutrition Survey (Olaiz, Rivera et al., random sample of 10.523 students from 7th to 12th grade whose data was 2006) showed that in Mexico 14% of the adolescents reported having sexually representative by district and educational level and another sample of 23.337 initiated, this percentage raises markedly with increasing age. students from a public college. Both samples are from Mexico City. Design Much of the attention has focused on the transition of of both studies was two-staged (school-group), stratified and comparable adolescents to their first sexual intercourse, but with other studies in school population.

there is limited information regarding the first sexual partner and the age difference that may exist with this person, that is why this work is intended to explore these issues for a better



As to with whom they started their sexual life, men who started with a couple older than them, did so in a 43.1% with his girlfriend, followed by a 26.9% that started with an acquaintance and in a 24.1% with a friend in third place. Those who started with a younger age couple did so in a 60% To know the characteristics of sexual relations onset age and other with his girlfriend, giving a statistically significant difference in relation to Data released from the 2004 National Youth Survey conducted in different behaviors related to sexuality among school population from 7th to 12th the ones that started with an older couple (Table 2).

Methodology

The question naire consisted of indicators used internationally and explored A_{g} different behaviors of adolescents and features of sexual activities whose indicators have been previously validated. (Medina-Mora et al. 1981; Villatoro et al. 2005).

Results

Regarding sexual initiation from 1997 to 2009 in Mexico City, trends show that the percentage of men who have started their sexual life is higher compared to women. The last measurement in 2009 with population of 7th to 12th grades showed that 31.2% of men and 18.3% of women have already started their sexual life (Figure 1).



Source: Villatoro, Gutierrez, Quiroz et al., 2007 Villatoro, Moreno, Gutierrez, et al., 2009

5. Villatoro J, Gutiérrez M, Quiroz N, Moreno M, Gaytán L., Gaytán F et al. Encuesta de Consumo de Drogas en Estudiantes 2006. Instituto Nacional de Psiquiatría Ramón de la Fuente Muñiz. México DF, 2007.

understanding of the factors surrounding the onset of sexual intercourse. The results of this study indicate that in 7th to 12th grade and college Some studies indicate that in Mexico the estimated age of first sexual students, men became sexually active at the age of 16.5 years in average

For women, 80.9% of those who initiated their sexual life with a pair of equal or older age than them did so with a boyfriend, and only 20% of them started with a relative, friend or an acquaintance. The data is very similar for those women who started with a younger couple (Table 2). As for the age of the first sexual partner in relation to other problematic

behaviors, we found that the percentages are higher in men who started their sexual life with an older partner and that alcohol abuse has the highest percentage (61.8%)(Figure 2).

equal or older age reported the highest percentages on alcohol abuse. The other problematic behaviors

age and the ones who initiated with a younger partner (Figure 3).

	Men Women		t	p	
	Mean	Mean			
urrent Age	19.22	18.79	10.02	0.001	
ge of first sexual intercourse	16.50	17.42	-27-06	0.001	
ge of first sexual partner	17.62	19.80	-39-84	0.001	
umber of sexual partners	4.67	2.54	-32.24	0.001	

Table 1. Characteristics of Sexual Behavior by Sex

Among women, those who started their sexual life with a partner of

showed similar percentages among women

who started with a couple of equal or older

health can be affected given the fact that there are studies that indicate men tend to think in lower rates that they are part of a couple before having sex and other studies indicate that features such as "feeling loved" or "love someone" are important in deciding to have sex (Manlove & Franzetta, 2003).

Other aspects worth reviewing are studying what led them to have their first sexual intercourse and explore further aspects of the first sexual partner, such as how do adolescents met them, how much time passed between meeting them and having sex or how long after having sex did they remained with that partner as a couple are important elements to better understand the circumstances in which the first intercourse develops.

6. Ryan, S, Manlove, J., & Franzetta, K. (2003). The first time: Characteristics of teens' first sexual relationships. Washington, DC: Child Trends.